

## Winsor & Newton Cotman Watercolors - Red, White, and Blue Popsicle Wall Art

### Supplies Needed:

Winsor & Newton® Cotman® Watercolors Sketchers' Pocket Box; Item # D240485S, #10435073

Using the Following Colors in the Set:

Alizarin Crimson  
Ultramarine Blue  
Viridian Green Hue  
Yellow Ochre  
Burnt Sienna  
Burnt Umber  
Chinese White

Watercolor Pad by Artist's Loft™, 9x12; Item # 10189610 - *trim sheet to have one 8x10 piece*

Winsor & Newton® Cotman® #4 Round Brush; Item # 10269104

Winsor & Newton® Cotman® #6 Round Brush; Item # 10269105

10-Well Artist Palette (to mix and hold 9 Colors); Item # 10207789

Teal Embossing Heat Tool by Recollections™; Item # 10624018

Glass of Water

Paper Towels

Graphite Pencil (4H recommended)

Eraser

### Step 1 - Prepare Work Surface

Cover your work surface with a disposable covering and fill a glass or cup with water.

### Step 2 - Cut Watercolour Paper

Cut one sheet of 9in x 12in watercolor paper to create one 8x10 square sheet of paper.

### Step 3 - Transfer or Freehand Draw Outline

Use a Lightbox or well lit window and a graphite pencil to transfer the provided outline, or free-hand draw the outline by using the provided outline as a guide.

### Step 4 - Mix 9 Colors

To mix the 9 colors with the same paint to water ratio, use a #6 brush as if it were a spoon. Place 2 scoops of water into 9 different wells on the artist palette. Mix the following colors into those wells until you have an equal paint to water ratio for each color:

**Red:** 3 parts Alizarin Crimson

**Dark Red:** 2 Parts Alizarin Crimson and 1 Part Dark Umber

**Blue:** 3 Parts Ultramarine Blue

**Dark Blue:** 2 Parts Ultramarine Blue and 1 Part Dark Umber

**White:** 3 Parts Chinese White

**Light Grey:** 3 Parts Chinese White and a Small Touch of both Alizarin Crimson and Viridian Green Hue

**Beige:** 2 Parts Yellow Ochre and 1 Part Chinese White

**Dark Beige:** Scoop of Beige Paint and 2 Parts Beige Sienna

### Step 5 - Apply Color to Popsicle Stick

Use the a #6 round brush for this step. Apply the **Beige** paint to the entire popsicle stick. Then, drop in the **Dark Beige** paint at the very top of the stick, the rounded bottom of the stick, and to the right side edge of the stick.

### **Step 6 - Apply Base Layer of Color to Popsicle**

Use the #6 round brush for this step. Begin this step by painting on only the upper half of the middle stripe using the **White** paint. Then, while the White paint is still wet, paint on the entire top stripe using the **Red** paint, beginning at the top of the stripe and then moving toward the very bottom of the stripe, and finish by applying the Red paint so that it meets the very top edge of the middle, white stripe that should still be a bit wet. Allow the wet paint colors to merge into each other organically. If any red blooms form at the top of the white stripe, you can gently smooth them out with a clean, wet brush.

Now paint on the bottom half of the middle stripe using the **White** paint. Then, while the White paint is still wet, paint on the entire bottom stripe using the **Blue** paint, beginning at the bottom of the stripe and then moving up toward the top of the stripe, and finish by applying the Blue paint so that it meets the very bottom edge of the middle, white stripe that should still be a bit wet. Allow the wet paint colors to merge into each other organically. If any blue blooms form at the bottom of the white stripe, you can gently smooth them out with a clean, wet brush.

Before proceeding to the next step, allow the paint to dry or speed along the drying process by using a heat gun.

### **Step 7 - Apply Paint to Indented Sections of Popsicle**

Use the #4 round brush for this step. On each stripe, there are two vertical indentations. Work one indentation at a time on each stripe before completing the other one. On the red stripe, apply **Red** to an indentation. Then, apply **Dark Red** paint color to outline the inside edges of one indentation on the left, right, top, and top curved edges. Repeat this process to the other red indentation.

To the blue stripe, repeat the above process using the **Blue** paint color.

To the white stripe, apply **Light Grey** just to the inside edges of the indentations on the white stripe.

### **Step 8 - Apply Second Layer of Color to Each Stripe**

Use the #4 round brush for this step. Apply a second layer of color to portions of the blue stripe using the **Blue** paint. Apply this color only to the lower right curve and to the right side edge of the blue stripe, to the lower left curve and to the left side edge of the blue stripe, and to the bottom edge of the blue stripe. Then, apply the Blue paint to the middle section of the blue stripe (the section that is in-between the two indentations), but leave approximately 1/8" on each side of the middle section without a second layer of the Blue paint color. If the color goes on harsh-looking or if it appears too defined in any area, you can take a clean and slightly wet brush to smooth the color and help it blend into the surrounding areas.

Now apply a second layer of color to the white stripe using the **Light Grey** paint. Apply this color to the left side edge of the white stripe and to the right side edge of the white stripe. Then, apply the Light Grey paint to the middle section of the white stripe (the section between the two indentations), but leave approximately 1/8" on each side of the middle section without a second layer of the Light Grey paint color. If the color goes on harsh-looking or if it appears too defined in any area, you can take a clean and slightly wet brush to smooth the color and help it blend into the surrounding areas.

Finally, apply a second layer of color to the red stripe using the **Red** paint. Apply this color to the upper left curve and to the left side edge of the red stripe, to the upper right curve and to the right side edge of the red stripe, and to the top edge of the red stripe. Then, apply the Red paint to the middle section of the red stripe (the section between the two indentations), but leave approximately 1/8" on each side of the middle section without a second layer of the red paint color.

If the color goes on harsh-looking or if it appears too defined in any area, you can take a clean and slightly wet brush to smooth the color and help it blend into the surrounding areas.

### **Step 9 - Use a Wipe and Lift Technique to Lift Values**

Use the #4 brush for this step. In this step, you will use a “wipe and lift” technique. You will use a clean brush that has had most of the water removed by having blotted it on a paper towel a few times. For this technique to be effective, there does need to be some water on the brush, but to prevent water blooms, you will only want it to be moist rather than sopping wet. You will use this clean but wet brush to lift values on various sections of the popsicle. This technique will be performed by moving the clean but wet brush in an up and down manner on the section where pigment will be lifted, and then blotting that area with a paper towel. You will need to clean and blot your brush many times throughout this process, as your brush will inevitably pick up color as you do this technique.

Begin this process by working on the right outside edging of the far right indentation on the blue stripe. Run the brush up and down along this section and then use the paper towel to help lift the pigment. The width of these strokes should not be larger than the width of the #4 brush. Wipe and lift along the lower right curve and bottom edge of this indentation as well. Then, wipe and lift to the very middle section of the bottom right blue indentation as well. If needed, while the paint is still wet, you can add more **Dark Blue** paint along the inside edges of the indentation if they smoothed out too much during this process. Repeat this process if desired.

Repeat the above process on the far right indentation of the white stripe by first lifting along the outside right edge of the indentation and then lifting pigment from the middle section of the far right indentation as well. If needed, while the paint is still left, you can add more **Light Grey** paint along the inside edges of the indentation if they smooth out too much during this process. Repeat this process if desired.

Then, repeat the wipe and lift process to the red stripe, by first lifting along the outside right edge of the indentation, the outside upper right curve and top outside edge of the far right indentation, and lift pigment from the middle section of the far right indentation as well. If needed, while the paint is still left, you can add more **Dark Red** paint along the inside edges of the indentation if they smooth out too much during this process. Repeat this process if desired.

To finish the far right indentation on each stripe, repeat the above to the outside left edge of the far right indentation on the blue, white, and red stripe and to the outside upper left of the far right red indentation and to the outside lower left of the far right blue indentation.

Repeat the above process for the far left indentation.

### **Step 10 - Apply Second Layer of Color to Popsicle Stick**

Use the #4 round brush for this step. Apply a bit more **Dark Beige** paint to the popsicle stem. Apply it to the top of the stick, to the bottom curve of the stick, and a few thin lines in the middle of the stick. If needed, you can smooth these strokes and help them blend in to the other colors by taking a clean and slightly wet brush over these strokes. You can also use the wipe and lift technique to pull out values on the popsicle stick as well.



